

# Community Info

## Shilo MFRC

Office Hours  
Monday to Thursday: 8am - 9pm  
Friday: 8am - 4:30pm  
Website: [www.shilomfrc.ca](http://www.shilomfrc.ca)

## Community Recreation Office

(Located at the Shilo Community Centre)  
Website:  
[www.cfcommunitygateway.com](http://www.cfcommunitygateway.com)  
Hours of Operation  
Monday to Friday:  
7:30am - 12pm; 1 - 4pm  
Community Recreation Coordinator: 765-3000 ext.3317

## Occasional Childcare Hours

Monday: 9am - 12pm;  
1 - 4pm; 5 - 9pm  
Tuesday - Thursday:  
9am - 4pm; 5 - 9pm  
Friday: 9am - 12pm; 1 - 4pm

## Volunteers Always Needed !!

The Shilo MFRC has volunteer opportunities available throughout the year. If you are interested in helping during our special events or with our regular programming, contact Wanda at 765-3000 ext. 4558. It's a great way to build your resume or just enjoy being part of the day while giving back to your community.

## RCA Officers' Mess

Coffee Break Wednesdays 10 - 10:30am  
Cookies & Sticky Buns  
Happy Hour Friday 3:30pm - 8:30pm  
Food Served 5 - 6pm  
\*Third Friday of the month is mixed Happy Hour\*

## WO & Sgts' Mess

Daily Coffee Break Monday to Friday  
9 - 10:30am  
Cookies & Sticky Buns on Wednesdays  
Happy Hour  
(check [www.cfcommunitygateway.ca](http://www.cfcommunitygateway.ca) for details)

## El Prado Club

Daily Coffee Break Monday to Friday  
9 - 10:30am  
Happy Hour every Friday

## Sport Stores

Hours of Operation  
Monday to Friday: 7:30am - 12pm; 1 - 4pm  
Sports Equipment: 765-3000 ext.3315  
Facility Bookings: 765-3000 ext.3315

## Gunner Arena

Public Skating Hours  
Saturdays: 6:30pm - 8pm  
Sundays: 2 - 3:30pm  
Place: Gunner Arena

## Shilo Bowling Alley

**CLOSED DUE TO RENOVATIONS at GSH**

## General Strange Hall

Website: [www.cfcommunitygateway.com](http://www.cfcommunitygateway.com)  
The GSH is a place where people of all ages can come to compete, learn, exercise, relax, meet and enjoy a healthy and active lifestyle.

Your GSH card grants you admission to public swimming, public skating, and daily use of the gymnasium, racquet courts, cardio room and weight room. Ages 16 & under are not allowed in the weight room and cardio room until they have successfully competed the youth weight training program.

Drop by GSH to get your card today!  
Hours of Operation - as of January 2010  
Monday to Friday: 6am - 10pm  
Saturdays: 9am - 10pm  
Sunday & Stat Holidays: 12 - 10pm  
Contact Info: 765-3000 ext.3541

## Shilo Pool

Log onto [www.cfcommunitygateway.com](http://www.cfcommunitygateway.com) for all schedule changes  
Please join us in the pool for a splashing good time. Children 6 and under must be accompanied by an adult while in the water within arms reach, or upon discretion of the lifeguard. Enjoy our waterslide, tot pool and 25 yd pool. Please note that we now have a hydraulic chair lift for easy pool access. (Schedule may change without notice).

## Public Swim

Tuesdays and Thursdays: 6 - 7:30pm  
Saturdays and Sundays: 12:30 - 4:30pm  
Stat Holidays: 12:30 - 3pm  
Cost: Military members and GSH Card Holders  
No charge  
Others \$3.00 Drop in fee

## Lap Swim

Daytime: Monday to Thursday: 12 - 1pm  
Evening: Tuesday and Thursday:  
7:30 - 8:30pm  
Place: Shilo pool  
Cost: Military members and GSH Card Holders  
No charge  
Others \$3.00 Drop in fee

## Swim Assessments

Not sure what level to enrol your child in? Bring your child to a public swim and have him/ or her assessed by one of our on duty lifeguards.  
Contact Info: Aquatic Supervisor at 765-3000 ext.3318 for more info.

## Private Swim Lessons

A good opportunity for those who are close to completing a level but may have a bit of work on a certain stroke, or for those who just want to become comfortable in the water before joining lessons.  
Contact Info: Aquatic Supervisor at 765-3000 ext.3318

## Pool Rentals

Need a great place to host a birthday party, team party, or wrap-up party? Why not rent the pool at GSH. All rentals include lifeguard supervision, use of pool toys and waterslide!  
Contact Info: Facility Coordinator at 765-3000 ext.3315

[www.cfcommunitygateway.ca](http://www.cfcommunitygateway.ca)

CLUBS	CONTACT	WORK #	HOME #
Alcoholics Anonymous		3883	765-4602
Archery Club	Tom Foster	3263	720-2125 or 720-2126
Auto Club	Mike Mulvihill	3273	765-5182
Ballet & Jazz (Dance Images)	Charlene Hiscock		727-4284 char_dance@hotmail.com
Catholic Women's League	Chapel	3091	
Ceramics	Grace Flynn	763-4372	Cell: 761-5083
Community Library	Pat Wells	3664	shilocommunitylibrary@yahoo.ca
Computer Club	Bruce Organ	3433	shilogeekz@wmgwave.ca
Drama/Theatre Club	Linda Beauchemin	3161	
Girl Guides of Canada	Leah Myslicki		765-2905
Gun Club	Darrell Leblanc	6851	728-8769
Ki-Rin ITF Taekwon Do Club	Dwayne Bos	3088	724-4227_dwayne.bos@forces.gc.ca
Minor Hockey	Ian Muir		shilominorhockey.ca
Minor Soccer	Recreation Office	3317	
O'Kelly Parents Advisory Council		765-7900	
Protestant Ladies Guild		3091	
Skating Lessons	Recreation Office	3317	
Scouts Canada	Linda Levesque	3396	763-8776
Shilo Community Council	Kristen Lucyshyn	3588	
Shilo & Area Service Club	Eugene Gondek	3553	763-4320
Blue Fins/Brandon	Christine Howell	4031	
Sprucewoods Lions Club	Recreation Office	3317	
Sprucewoods TOPS	Barb Forbes		763-4768
Sprucewoods Community Club	Frank Hambrook		763-4919
Wild Life Club	Dave Lucas	Box 739	763-4707
Wood Hobby Club	Michael Bursey	3173	